

THE SPIRE

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FROM OUR PASTOR

Watch the commercials on TV in January. Weight loss programs, gyms, online dating services, closet organizers, and nicotine substitutes sponsor nearly every type of program. On New Year's Day, nearly all of Amazon.com's Daily Deal books addressed common resolutions. Statistics show that 62% of Americans make some level of commitment to a resolution and only 8% claim success in reaching their goals. Many people want to change, but few do. So if you want to change something about your life in 2014, here are four steps that may help.

1. **Be specific.** "I will lose 20 pounds" is much easier to target and track than "I will lose weight."
2. **Break your resolution into a series of smaller goals.** Losing 2 pounds a month is less daunting than "I will lose 25 pounds this year." If your weight stays flat one month, you can stage a rebound the next month and loose two pounds then.
3. **No matter what happens...** Along the way you will have mini failures. You will binge on Rocky Road or pizza when you intended to have a salad. You can't change yesterday, but you can say, "No matter what else happens today, I will eat right." Stop worrying about yesterday's failure; commit to today's success. This step also helps you in the long-term. Just as you can't change yesterday, you can't accomplish your entire goal in one day. Don't let all future days overwhelm you. Just do the right thing today and then work on tomorrow when it gets here. This approach is one of the reasons why 12-step programs succeed. Remember "One day at a time?" Today is all you have, so focus on accomplishing your resolution today.
4. **Use Faith.** Christians will hear echoes of Jesus in "one day at a time." The master said, "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." (Matthew 6:34). Let your faith strengthen your resolution this year.



Sunday,
January 12th
6:00 p.m.
Dining Room



All FBC Preschoolers (Birth-Kindergarten) and Parents wear your jammies and bring your favorite Teddy Bear!

Call the church office or
email dakins@fbcrome.org to sign up.

WEEKDAY PRESCHOOL



Sherri with preschool children

Is your child ready for preschool days filled with learning, worship & fun? Our Weekday Preschool is just the place! We would love to have your child in our program. Registration for the 2014-2015 school year is February 3-13, 2014. Go to the church's website for more information and to complete a Registration form. Contact Melissa Wood, Director, at 706-295-1150 or mwood@fbcrome.org to schedule a visit or for more information.

YOUTH NEWS

RELATIONSHIP WEEKEND FOR PARENTS & YOUTH JANUARY 24 - 26, 2014

A weekend devoted to conversations about relationships and sex. This weekend is for both parents and teenagers and requires a reservation to cover costs for food and materials. Total cost is \$15 per person with a max of \$40 per family. Email kgarrett@fbcrome.org to make a reservation.

BBQ SALE STARTS NOW!

\$20 per rack of ribs and \$30 per Boston Butt
Tickets available from teenagers now thru January 26th
Only Pre-ordered BBQ will be sold and will be available to pick up on Saturday, February 1.

SENIOR ADULT EVENTS

VALENTINE DINNER

The senior adult committee is sponsoring an event for the entire church on Saturday, February 8 at 6:00 p.m. in the Fellowship Hall. We will enjoy a delicious catered meal and entertainment by composer and pianist Mary McDonald. Watch for more details!

LION KING

Mark your calendars now as we enjoy the Broadway hit "The Lion King" at the Fox Theatre on Tuesday, April 15. Cost is \$75 and includes transportation and some of the best seats in the Fox. This is a very family-friendly show and all ages are welcome. Your payment is your reservation.

ANNOUNCEMENTS

INCIDENT COMMAND SYSTEMS COURSE

TUESDAYS, JANUARY 14 (PART 1) & JANUARY 21 (PART 2)

In partnership with the Salvation Army, we are hosting a two-part Incident Command Systems Course. This course provides participants with a general orientation to The Salvation Army Incident Command System (ICS) and explains how it is used to command, control, and coordinate disaster relief operations. Who should take this course? All disaster workers interested in serving in a supervisory position within a Salvation Army disaster relief operation. Each part is offered two times on their respective dates from 9:00 a.m.-1:00 p.m. and 5:00-9:00 p.m. Register from our website by clicking the link and signing up through the Salvation Army's online registration. Space is limited and those wanting to take the course MUST pre-register.

ADULT CHOICES

Finding My Way Through the Bible –

Wednesdays, 6:20 p.m. in the Dining Room Each Wednesday in January, Dr. Snider will be teaching a seminar designed to help us start the year using our Bibles well. Learn how to read your Bible devotionally, as well as for study. Also, discover why so many translations exist and how their differences add to or distract from the understanding of Scripture. Count on Dr. Snider providing a comfortable atmosphere for everyone without the fear of being singled out, or that that others may know more than another.

BIBLE STUDY IN 2014?

Do your goals or resolutions for 2014 include a deeper walk with God, through a better understanding of the Bible? First Baptist Church offers excellent Bible study opportunities on Sunday mornings as well as during the week. If you would like help discovering the group that might fit your needs best, please contact Tamara Smathers.

GREAT DATE NIGHT — AN EVENING DEVOTED TO STRENGTHENING MARRIAGES SATURDAY, JANUARY 11 AT 5:55 P.M.

Please register in advance for free childcare (call the church office or email dakins@fbcrome.org). For more information contact Tamara Smathers at ttsmathers@fbcrome.org.

And God spoke all these words:
"I am the Lord your God, who
brought you out of Egypt,
out of the land of slavery."
"You shall have no other gods
before me."

Exodus 20:1-3

FIRST BAPTIST CHURCH OF ROME

100 East 4th Avenue Rome, GA 30161 706.291.6850 www.fbcrome.org



WELCOME TO THE CHURCH FAMILY

PLEASE WELCOME

Caroline Dempsey



SUNDAY FLOWERS

The flowers in the Sanctuary for Sunday, January 12 are given to the glory of God and in loving memory of Robert Bryon Ellis by First Baptist Church Foundation in appreciation for the gift from his estate.

The flowers in the Sanctuary for Sunday, January 19 are given to the glory of God and in loving memory of Jerry Vick by Janice Vick.

GIVING TO GOD

Year-to-Date:

Ministry Support Needed	\$522,153.24
Support Received	\$460,106.02

World Vision, Meals & More
and CBF World Hunger Relief \$1,970.67

"We're Here for Good" Contributions \$365,640.88

2013-2014 Total Budget Commitments to Date \$1,279,744.00

"We're Here for Good" Pledges to Date \$690,246.00

2014 Offering Envelopes may be picked up on Sunday mornings in the Narthex.

IMPORTANT TAX NOTICE: To insure the deductibility of your church contributions, do not file your 2013 income tax return until you have received a written acknowledgement of your contributions from the church. Some of your contributions may not be tax deductible if you file your tax return before receiving a written acknowledgement of your contributions from the church. Year-end contributions must be received in the church office by 5:00 p.m., Tuesday, December 31 or postmarked by December 31.

JANUARY 11 - JANUARY 24

MARK YOUR CALENDAR

Saturday, January 11

Minister on Call Tamara Smathers 706.266.7141
Great Date Night, YR (Reserved Child Care Provided) 5:55 pm

Sunday, January 12

Missions Cmt. Mtg., Conf.Rm. 8:45 am
Scrap Iron Broadcast (WLAQ 1410) 9:00 am
Bible Study (all ages) 9:45 am
Worship - Comcast Channel 62 11:00 am
Totally Terrific Teddy Bear Party, DR 6:00 pm

Monday, January 13

Rejuvenate, DR 8:30 pm
Women's Bible Study, DR 10:00 am
Ruble-Whitworth Group, Comm.Rm. 11:00 am
Deacons' Meetings:
Executive Committee, Conf.Rm. 5:30 pm
Dinner & Committee, DR 6:00 pm
General Meeting, DR 7:00 pm

Tuesday, January 14

Chick-Fil-A Devotions (Youth & Children) 7:00 am
Incident Command Systems Course, DR (Pt.1) 9:00 am
Younger Women's Bible Study, Conf.Rm. 11:30 am
Transitional Housing Cmt. Mtg., Conf.Rm. 4:30 pm
Incident Command Systems Course, DR (Pt.1) 5:00 pm

Wednesday, January 15

First Choice Dinner, FH 5:00 pm
Youth Gathering, YR 5:45 pm
Children's Choirs 5:45 pm
Prayer Time, FH 6:00 pm
Youth Worship, YR 6:15 pm
Adult Choices 6:20 pm
Rejuvenate Too, 3rd Flr. Education 6:20 pm
fbc.com & Mission Friends 6:30 pm
Sanctuary Choir Rehearsal, Choir Suite 6:30 pm

Thursday, January 16

Beginning Watercolor Classes, Comm.Rm. 10:00 am

Saturday, January 18

Minister on Call Joel Snider 706.235.7099

Sunday, January 19

Adult Education Cmt. Mtg., Conf.Rm. 8:30 am
Scrap Iron Broadcast (WLAQ 1410) 9:00 am
Bible Study (all ages) 9:45 am
Worship - Comcast Channel 62 11:00 am

Monday, January 20 (MLK, Jr. Day)

Church Office Closed
WOC Book Group, Home of Merrill Davies 1:00 pm

Tuesday, January 21

Chick-Fil-A Devotions (Youth & Children) 7:00 am
Incident Command Systems Course, DR (Pt.2) 9:00 am
Younger Women's Bible Study, Conf.Rm. 11:30 am
Foundation Cmt. Mtg., Conf.Rm. 12:00 pm
Meals & More, First Christian Church 3:00 pm
Incident Command Systems Course, DR (Pt.2) 5:00 pm

Wednesday, January 22

Lavender Mtn. Quilting Guild, Comm.Rm. 10:00 am
First Choice Dinner, FH 5:00 pm
Youth Gathering, YR 5:45 pm
Children's Choirs 5:45 pm
Prayer Time, FH 6:00 pm
Youth Worship, YR 6:15 pm
Adult Choices 6:20 pm
Rejuvenate Too, 3rd Flr. Education 6:20 pm
fbc.com & Mission Friends 6:30 pm
Sanctuary Choir Rehearsal, Choir Suite 6:30 pm

Thursday, January 23

Beginning Watercolor Classes, Comm.Rm. 10:00 am

Friday, January 24

Relationship Weekend for Parents/Youth, FH,DR 6:00 pm

seeking His heart | Being His hands

THIS WEEK: JANUARY 12

SUNDAY WORSHIP

SERMON: *Hear O, Israel*

PREACHER: *Dr. Joel Snider*

SCRIPTURE: *Deuteronomy 6:4-9*

ANTHEM: *My Eternal King...Jane Marshall*

TLC VOLUNTEERS:

BED BABIES: *Merrill Davies and Marilyn Canova*

1'S: *Nancy Hiscock and Ann & Jordan Knight*

2'S & 3'S: *Ashley & Kent Ellington*

4'S: *Holly & Art Lord*

FIRST CHOICE MENU

JANUARY 15

Breakfast Casserole

CHILDREN'S OPTION

Breakfast Casserole

MINISTER ON CALL:

Tamara Smathers 706.266.7141

THE SPIRE

*Christmas Eve
Service Lighting
of Candles*



UPCOMING EVENTS

MARK YOUR CALENDARS NOW!

JANUARY 11
Great Date Night

JANUARY 14 & 21
Incident Command
Systems Course

JANUARY 24-26
Relationship weekend for
parents and youth

FEBRUARY 8
Valentine Dinner

APRIL 15
Lion King
at the Fox

Please visit us for more information:
www.fbcrome.org

NEXT WEEK: JANUARY 19

SUNDAY WORSHIP

SERMON: *Baptism of Jesus*

PREACHER: *Dr. Joel Snider*

SCRIPTURE: *Matthew 3:13-17*

ANTHEM: *By the Gentle Waters...Cindy Berry*

TLC VOLUNTEERS:

BED BABIES: *Julia Girard and
Bridget & Jarrett Gray*

1'S: *Jennifer Bagby and Carolyn & David Brearley*

2'S & 3'S: *Lauren & Shannon Loy*

4'S:

FIRST CHOICE MENU

JANUARY 22 "ITALIAN"

Chicken Parmesan

CHILDREN'S OPTION

Fried Chicken Fingers with Fries

MINISTER ON CALL:

Joel Snider 706.235.7099

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